



Ritalin Information

Ritalin is a medication commonly used to treat Attention Deficit Hyperactivity Disorder (ADHD) in both children and adults. This medication belongs to the class of stimulants that help to improve attention, focus, and self-control by increasing the levels of neurotransmitters in the brain.

The main side effects of medication are:

- Appetite suppression with weight loss
- Sleep disturbance
- Dry Mouth
- More rarely irritability and anxiety in some children

Routine monitoring including checking height, weight, blood pressure, heart rate, side effects and effectiveness. This should occur every 3-6 months. Prescriptions for all stimulant medications in Queensland will expire in **6 months**

Initiating treatment with Ritalin

Ritalin comes in 10mg tablets and generally last 4 hour

Start according to the following regime: Ritalin 10mg tablets

- Week 1 - 1/2 tablet (5mg) in the morning (following breakfast)
- Week 2 - 1/2 tablet (5mg) in the morning, and 1/2 tablet (5mg) at lunch time
- Week 3 - 1 tablet (10mg) in the morning, and 1/2 tablet (5mg) at lunch time

Seek medical attention if:

- Your child experiences severe side effects
- The symptoms of ADHD do not improve after a reasonable period of consistent medication use
- You have concerns about the medication's interaction with other drugs or conditions

It is important to maintain regular appointments with your paediatrician to monitor Aiden's progress, evaluate side effects, and make any necessary adjustments to the medication regime. Open communication with your healthcare provider is essential for effective treatment. If you have any queries, please contact our office on (07) 3188 5253

Yours sincerely

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